# Vaasthu

# Costa Infra Pvt Ltd places a lot of importance on the principles of Vaasthu, one of ancient science that blends life and nature.

Precisely why, every project is fastidiously considered, keeping in view various Vaasthu aspects before the commencement of work. Unlike what most people believe, Vaasthu is actually a scientific study, which helps in maintaining the equilibrium while ensuring various forces of nature have a beneficial influence on your family and career prospects. It is small wonder that even western countries are looking at Vaasthu principles in a new light today.

# To have deeper insights into Vaasthu, we suggest you read on:

# What is Vaasthu?

An ancient Indian science of architecture, Vaasthu helps in making a congenial setting or a place to live and work in a most scientific way taking advantage of the benefits bestowed by nature, its elements and energy fields for enhanced wealth, health and prosperity. It is the mystic study of designing & positioning of architectural structures

This science deals about how to construct merit-full residential houses, business houses etc., and is purely astrological science based on cosmic rays illuminated by nine major planets. The merits and demerits of structure are fully based on Vaasthu Science in connection with creation of the built-up body. The Vaasthu science deals about measurement details, shape details, nature of earth in construction of buildings.

### How 'Vaasthu' works?

We live in, and are surrounded by, various types of energy fields, which operate freely in open space. When we build a house or a building without measurement and principles, the equilibrium is affected. Vaasthu helps in designing the structure to ensure that a harmonious flow of energy is present in the building and equilibrium maintained. This will influence our deeds, luck, behavior and other basics of life.

Vaasthu takes into consideration the five elements - Fire, Water, Air, Earth and Ether - as forces, which originate from a single source but have different characteristics. Born out of them, we grow with them, we live in them, we are surrounded by them and we go back to them. So why not streamline them during 'life here'?

Be it a home or office, factory or a commercial block, Vaasthushastra is known to reward the follower with benefits and protect him from ill-effects in life - be it economic, emotional or spiritual.

## What are the Vaasthu Benefits?

Vaasthu is the way to achieve a rhythmic inner space, which would give the necessary strength for acting in the world outside, despite pain and problems of life. Vaasthu harmonizes one's life with nature, unfolding one to his optimum potential.

A building designed with principles of Vaasthu and numerical calculations of Ayadi (receiving more and spending less energy) affects the individuals in three ways-physical, psychological and spiritual.

# **Physical**

Provides comfort, ease of use, safety, convenience achieved by paying attention to space, high, ventilation, good circulation, comforts, color and form.

# **Psychological**

Sound body needs a sound mind. Vaasthu creates well-being, calms the mental disturbances and tensions, and enhances relationships with in family and outwardly.

## **Spiritual**

Awakens the urge for understanding the meaning of life and death and evokes the quest for touching something more deeply within and without.

By ensuring that all three aspects of a person's life are touched, evoked, activated and harmonized, the entire universe of the spirit is opened up and made ware. This complete or holistic action is the strength of Vaasthu.

Vaasthu is a precious compilation of concepts and ideas that consider the effects on human life and dwellings of various natural phenomena such as:

- Earth's gravitational force
- Sun's heat, light and infra-red radiation
- Volume and intensity of rainfall
- Direction and velocity of wind

#### **General:**

- Shadow of a tree should never fall on the house.
- Cactus plant should never be grown in the house.
- All doors should open towards inside.
- Door hinges should be noiseless.

#### **Bedroom:**

- The main bedroom should be constructed in the south-west direction.
- The bed should never be placed below a beam.
- Square and rectangle shape bedrooms are perfect for ensuring peace and prosperity.
- Avoid hanging pictures that depict violence or sorrow.
- Any reflective surfaces such as mirrors and televisions should be covered at night while sleeping.
- Sleep with your head towards South.
- Minimize clutter in your room as clutter represents the unfinished tasks of your life.

# **Living Room:**

- Vaastu advises against the use of paintings which depict negative aspects of life.
- Southern and western corners of the room are perfect for placing the furniture.
- Dining tables must have even-numbered chairs.

## **Kids Room:**

- The color scheme should be mild.
- Don't place the furniture sticking to the wall, as it obstructs the flow of positive energy.
- The study desk should be placed in such a manner that the child faces eastern, northern or north-eastern corner while studying.
- The computer should be placed in the southwest corner.

# Kitchen:

- The ideal location of the kitchen is the southeast corner or northwest corner of the house
- Electrical items such as microwaves, juicers and mixers should be placed in the southeast corner of the kitchen.
- The refrigerator should be in the northwest, southeast, south or west.
- The kitchen must have adequate provision for cross-ventilation.